



Maryland Teachers and State Employees Supplemental Retirement Plans Deferral Change Form

Use this form to change the amount of your contribution to the State of Maryland 457, 401(k), and/or 403(b) Supplemental Retirement Plans. This form replaces the payroll cards used in the past. All sections must be completed to insure proper processing.

Account Holder Information	<i>Name (Please Print)</i>	<i>Social Security Number</i>
	<i>Address</i>	<i>Date of Birth</i>
	<i>City, State, & Zip Code</i>	<i>Best Contact Phone Number</i>
	<i>Email Address</i>	<i>Work Phone Number</i>
Check One only. Use a separate form for each plan: <input type="checkbox"/> 457(b)(0001) <input type="checkbox"/> 401(k) (0041) <input type="checkbox"/> 403(b) (0036)		

Employment Information	Payroll Type: <input type="checkbox"/> Regular <input type="checkbox"/> Contractual <input type="checkbox"/> University of Maryland <input type="checkbox"/> 26 pays <input type="checkbox"/> Monthly <input type="checkbox"/> Other _____ <i>(Please Specify)</i>
	<i>Place of Employment</i>
	<i>Agency Code (found on the top left corner of the pay stub)</i>

Action Requested	Request Type: <input type="checkbox"/> Increase <input type="checkbox"/> Decrease <input type="checkbox"/> Cancel <input type="checkbox"/> Reinstate <small>(if more than 6 months since your last deferral, please request a new participation agreement)</small>
	<i>Old Amount (in dollar amounts only)</i> <i>New Amount (in dollar amounts only)</i>
	<i>Effective Pay Period Ending:</i>

Is this an Age 50 Catch-up deferral?¹ yes no
 Is this a regular catch-up deferral?² yes no *(If this is a regular catch-up deferral, a catch-up worksheet must be included)*
 Is this a special deferral?³ yes no *If yes, number of pays: _____*

¹ Employees over 50 years old can make catch-up contributions to the 457(b), 403(b) and 401(k) plans over and above the normal contribution limits. The amount of these catch-up contributions is \$5,000 per plan in 2008.
² Section 457 of the Internal Revenue Code allows participants approaching retirement to defer more than the deferral limit and catch-up past deferrals not previously utilized. This "catch-up" provision allows participants to defer an amount not to exceed the lesser of \$15,500 or the limitation established in accordance with the Internal Revenue Code.
³ Special Deferrals allow participants to temporarily change the amount of their deferrals for a designated number of pay periods. A new form is required to reduce the deferral amount when the special is over.

Authorization	In accordance with my signed contract with Nationwide Retirement Solutions, the Third Party Administrator for the Maryland Teachers and State Employees Supplemental Retirement Plans, I authorize the State of Maryland to deduct from my salary the above amount and to forward it to Nationwide Retirement Solutions. This deduction will begin on the pay period specified above and will continue until written notice to change or cancel is submitted for me through Nationwide Retirement Solutions on a new authorization form. Some mutual funds may impose a short-term trade fee. Please read the underlying prospectuses carefully.	
	<i>Participant Signature</i>	<i>Date</i>
	<i>Registered Representative Number (Office Use Only)</i>	

If you would like to make an allocation change, please call 1-800-545-4730 or visit our website at www.marylanddc.com.

Forms should be returned to: Nationwide Retirement Solutions Toll-Free Phone: (800) 966-6355
 11350 McCormick Road Fax Number: (443) 886-9403
 Executive Plaza III - Suite 902
 Hunt Valley, MD 21031-9972